

Valerie Smith, Hon B.Sc., MBA, CEC, CMP.
Senior Facilitator and Executive Coach

Valerie is a senior leadership development facilitator and executive coach with Path To Trust.

Valerie Smith is an innovative, dynamic, results-driven learning and development professional who thrives on challenges and is fueled by her passion for helping people reach their potential.

With more than 22-years' experience as a skilled leader, educator and healthcare professional, Valerie possesses the ability to interact with employees at all levels, creating trust and rapport.

She has been an active and well-respected member of the Senior Leadership Team at Royal Victoria Regional Health (RVH) Centre in Barrie for the past eight years where she has consistently created innovative solutions to achieve strategic objectives.

Prior to RVH, Valerie worked at Western University as a Director of Human Resources focusing on Executive Coaching for physician leaders, union negotiations and labour relations having studied at the Harvard Institute for Negotiations.

Valerie is a Certified Executive Coach obtaining a Graduate Certificate in Executive Coaching from Royal Roads University; a Certified Change Management Practitioner and Change Management Master Trainer and recently completed the Rotman School of Business Executive Health Leadership Program.

Her passion lies in connecting people's purpose to their work and making a difference in the lives of others.